

A photograph showing a young woman with her arm around the shoulder of an elderly woman, both smiling and looking at each other. The elderly woman is wearing a pearl necklace and a light-colored top. The young woman is wearing a brown top. The background is softly blurred, suggesting an outdoor setting with trees.

HELPLINE 1300 368 821

When Adult Children Move In With You

It's important to protect your own needs if you allow your adult child to live with you.

We recommend setting some ground rules. Consider making a written family agreement so everyone agrees to expectations.

For example:

- How long will they stay?
- Will they pay money towards rent, food or bills?
- Can they have friends visit?
- Will they contribute to household chores?
- Are they allowed to drink, smoke or take drugs in your home?
- How much notice to leave will you give if things are not working out?



A COTA Victoria Program

Helpline 1300 368 821

seniorsrights.org.au

10am–5pm, Monday–Friday.

*For more information, refer to the
Seniors Rights Victoria flyer titled
'Family Agreements.'*

Useful contacts:

Relationships Australia

relationships.org.au/

1300 364 277

Speak to a lawyer

www.liv.asn.au/find-a-lawyer

Federation of Community Legal
Centres

The Federation is the peak body for Victoria's Community Legal Centres and Aboriginal Legal Services. To find your local Community Legal Centre visit www.fclc.org.au and click "Find a CLC" or call 1300 792 387

Financial Counselling Victoria

fcvic.org.au/find-a-financial-counsellor

National Debt Helpline

1800 007 077